



Financial Fitness

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Financial Fitness:

Financial Fitness is a national FCCLA peer education program that involves youth teaching other young people how to make, save, and spend money wisely.

Through FCCLA's Financial Fitness program, young people plan and carry out projects that help them and their peers learn to become wise financial managers and smart consumers.

Financial Fitness Topic Areas:

Each youth-created Financial Fitness project relates to one of the following five units.

Banking Basics – Conquer bank accounts, credit, and investments

Cash Control – Track and plan personal spending

Making Money – Sharpen on-the-job financial fitness

Consumer Clout – Become a savvy spender

Financing Your Future – Apply financial skills to real life

National Partners:

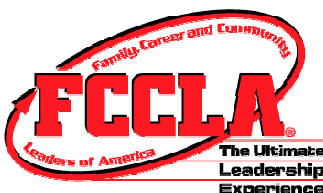
- American Bankers Association Education Foundation, www.aba.com
- America Saves, www.americasaves.org
- Champion Mortgage, www.championmortgage.com
- Family, Economics and Financial Education, www.familyfinance.montana.edu
- Jump\$tart Coalition for Personal Financial Literacy, www.jumpstart.org
- National Endowment for Financial Education, www.nefe.org
- USA TODAY Education, www.usatoday.com/education

Get Connected CD-Rom:

Learn how to be financially fit ... the FCCLA *Get Connected*...CD-ROM and accompanying guide comprise a one-stop resource for four national FCCLA Programs – Families First, Financial Fitness, Student Body, and FACTS. For more information on FCCLA's Financial Fitness program and the *Get Connected to Families First, Financial Fitness, Student Body and FACTS* CD-ROM, go to the "programs" section of the national Web site and click on Financial Fitness. Contact your local FCCLA chapter to find out how you can learn how to make, save, and spend money wisely.

Awards:

Family, Career and Community Leaders of America offers national recognition to chapters and members that complete FCCLA Financial Fitness projects. This honor includes cash awards and special recognition at the National Leadership Meeting and in *Teen Times* magazine. Apply for recognition for your hard work and innovative projects with the 2006 Programs Award Application, available in June on the national Web site, www.fcclainc.org.



National Middle School Award - \$1,000

National High School Award - \$1,000

Runner-Up Award - \$500

Manage your \$! Use this program to help you make, save, and spend your money and be financially fit.